Volume-4, No.I Feb.-2017, pp. Eng.35-36

## Population of India; a Review of Haryana State

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## **Abstract**

The main aim of this study is to draw attention to the increasing population of the world. India particularly is second highest population country in the world. It's our utmost concern to study the population growth in India and Haryana in particular. Through this study, we will try to study the reasons of increasing population in Haryana state. My focus is to find out birthrates, death rates, sex ratio and their impacting the growth of population. There are various reasons such as preference of a son, old age security and dowry for marriage of girls spending less money on education of girls, different employment opportunities for boys and girls.

**Keywords;** Population, birth rate, death rate, fertility, mortality, family planning methods, small family size, large family size,

Population of India- A Review of Haryana state' The Population of any country is an important factor to determine the country's progress. It's very pertinent to understand, what the causes of ever-increasing population are. The population of the world is increasing at a very fast rate. The world population increased from 1 billion in 1980 to 7.7bilion today. The world population growth rate declined from 2.2% per year 50 years ago to per year. Due to technological 1.05% advancement health of human beings has improved a lot. So the life expectancy has increased, which in a way has brought down mortality rates. This is definitely increasing the size of population of the world and India in particular. With the current birth rate of 18.9 per 1000 and death rate is 7.5 per 1000 population. It is estimated that 81 million population will be added to the existing population withafter every year. India's rapidly ever-increasing population has been posing a challenge in various areas. India, the second most populated country next to China. In fact, each night 1/3 of the humanity in the developing countries go to bed hungry. 10,000

human beings are striving to death every day and almost two lakh people ask for breakfast. The increase occurs among the poor nations because of several reasons such as less education, illiteracy, patriarchal type of family etc. Millions of people will be starving within two decades; therefore to avoid starvation a reduction of 50 million births is required. Similarly, India population is 17.7% of the total population. India supports 1.4 billion populations the growth rate is 1.1%. The birth rate is 18.2 births and death rate is 7.3% per 1000 population. So, there is a marked difference between birth rate and death rate of our country. The main reason is, that population increases if birth rate is higher than death rate. The rate of growth of population of any place would decline if it isvice-versa. India is supposed to surpass China by 2024.Its population growth is 1.13%.

The population of Haryana state in 2020 is 29,9%. In 2018, it had birth rate of 20.3 and 5.9 per 1000 thousand. The population growth rate in this decade is 19.9%. In previous decade it was 28.06% Over in acre of 44, 212 square kilometers, Haryana supports 2.74

crore. The population of Haryana has done well in reducing the population through its vigorous campaign of family planning program as compared to all other states. Todaybirth rate is 20% and the death rate is approx. 5.7%. Haryana is a state meaning a place of gods. Haryana is one of the smaller states. It has a population of 16.5 million. People of this state are mostly dairy oriented. Causes of Increasing Population in Haryana

- 1. Low age at marriage
- 2. Illiteracy
- 3 Lack of knowledge of family planning methods
- 4. Religious minded
- 5. Low educated females
- 6. Joint families
- 7. Need of male child
- 8. Old age security
- 9. Manual labor needed in agriculture

Moreover, the status of females is lower in comparison to males. So, the case is that women are seen working in agricultural lands. Physically also they are strong. Predominantly, they remain subordinate to males in all spheres. Early age at marriage of females is also responsible of high fertility. As women get married early so the time period of getting education is not available. In other words, the birth rate/fertility keeps on increasing. It is an accepted truth that if age of marriage is

delayed for girls, then population growth can be checked to some extent. It is a big reason that the age of marriage has to be delayed. If the age of marriage delayed, then girls can get education. If they are educated then only, they will understand the benefits of a small size of family. They can also be useful in productivity of the country. The women have been always bounded by the four walls of houses. In other words, they have been made to do household affairs. That is cooking, washing utensils and clothes. So how can you decrease the evergrowing population of Haryana and India in general. Today, women are fifty percent of the total population. Their improvement is very necessary because they are going to be the makers of future generation. They should be socialized in proper manner. Practically the customs are followed where it suits the males of the Haryana society.

Some suggestions: how to check the increasing population of India and Haryana specially.

- 1. The most important factor is delay of age of marriage
- 2. Girl child should be given basic education.
- 3. They should be given opportunities to developthemselves.
- 4 They should be given freedom to take decision in life.
- 5. knowledge of family planning methods

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